

*Here is an idea...*

# TAYNUILT

## Scotland's First Healthy Village?

**As individuals, our health is important, it is important we take responsibility for our health**

**The health of our family is important, it is important we take responsibility for the health of our family**

**There will continue to be a marked increase in people aged over 75... more people will need our support – let's do something about it**

**The health of our neighbours, friends and colleagues is important... it is important as a community Taynuilt shares that responsibility**

**40%+ of folk in Taynuilt live with one or more chronic medical conditions... these conditions can be control managed or improved... let's do something about it**

**Are you interested in creating Taynuilt Healthy Village? Healthy youngsters, teenagers, adults and seniors?**

**Join us at the Sports Pavilion  
Thursday 15th June  
7.00pm**

***An evening where we work together to discover:***

**WHY** we need to reconsider our approach to health?

**WHAT** a 'Healthy Village' is and what difference it will make?

**HOW** do we become a 'Healthy Village'?

**TAYNUILT – SCOTLAND'S FIRST HEALTHY VILLAGE?**



**TAYNUILT  
COMMUNITY COUNCIL**

**carerstrust**  
North Argyll Carers Centre  
action · help · advice